



# THE IFA FOUNDATION

Sacred Alignment Empowerment Healing Center

## IFA FOUNDATION INNER CIRCLE MEMBER

### Nana Iyanifa Demi (Damaris)



My name is Damaris and I would love to share my spiritual journey with you! As early as 6 years old, shadow spirits would visit me, letting me know I was never alone, following me and making their presence known. At 16, a teenager I was afraid of being alone, I could hear what they were saying and feel why they were coming to me. My best friend and I went to see the spiritualist in our neighborhood. I'd never met her before yet before I could even say Hello she told me about the spiritual guides and beings (souls who have crossed over) I had brought with me, "an army of them," she had said. Chilled and shaken, realizing that I had

no control, she told me to come in and sit down

Today I am an Ifa Priestess, a Natural Spiritualist. I utilize and recognize the gifts I was born with and am in control of today. I celebrate and rejoice in knowledge. Ceremonies and many blessings from and with Spiritualist Healers, Mediums, Ifa, Shamans, and Buddha have helped me hone my ability to see, feel, hear and smell when "Spirit" is near. I bring over 25 years of research & knowledge through Orisa, Ifa, Buddha, Chi, Prana, Sacred Geometrics, Wicca, and more. I do not hold judgment and I believe that knowledge is power.

With over 46 years of working with my spiritual guides and ancestors, I have studied the metaphysical properties of gemstones, herbs, precious metals, chakra balancing, meditations, frequency sounds and affirmations. Spiritual-Healing and helping you navigate through your spiritual journey is my goal, cleansing away all negativity; energy or entity. I work with nature to provide me with insights on what gemstones connect to my vibration or people's vibration. Everything I do connects me to Orunmila. I always remember the prayer of Ifa "where Ifa is taking you? you'll never know"! A mystery, but trust the process and you will get there. I am so Bless to have such wonderful Ifa coaches Iya Vassa and Oluwo Fagbamila their love, guidance and teachings they are always there for me and many others. WE LOVE YOU AND THANK WITH ALL OF OUR HEARTS.

Through dreams and Orunmila's guidance I decided it was time to design my own devices in a spiritual matter. No spiritual path is ever the same, just as we are not the same but all unique in our own ways. I am being guided to design unique spiritual tools for those who are willing to bring change into their lives for the good of our universe. We can all co-create and co-design our destiny. Anything we do starts with a thought that is brought on with the blessing of our universal energy. Ase!

Love & Blessings

IyaDemi