

Welcome to

THE WISDOM OF IFA INTRODUCTORY SERIES

IFAFOUNDATION.ORG

Part 1 Ifa Philosophy



IFA FOUNDATION INTERNATIONAL

THE REFLECTIONS WORKBOOK

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THE WISDOM OF IFA REFLECTIONS WORKBOOK

WELCOME TO THE INTRODUCTORY COURSE THE WISDOM OF THE YORUBA.

HOW TO USE THIS WORKBOOK

THE WORKBOOK IS DESIGNED TO BE USED IN TANDEM WITH THE VIDEO LECTURE SERIES THE LOST WISDOM OF THE YORUBA BY OLUWO FAGBAMILA OF THE IFA FOUNDATION INTERNATIONAL.

THE SECTIONS OF THE COURSE

1. IFA PHILOSOPHY
2. ANCESTRAL ENERGY
3. SPIRITUAL TOOLS
4. ETERNAL TOOLS
5. DIVINE GUIDANCE
6. EMOTIONAL HEALTH
7. TOTAL HEALTH

Listening to the lectures is not enough to learn and incorporate the material into your life. But reflecting on the lecture material and writing allows you to create a life experience with the information. Additionally, you will have a written record of your thoughts and the information for future reference. You are able to use the *Reflections* work similar to a journal with a purpose-building your foundation in the study of Ifa & the Orisa.

Each section has a *Reflections Worksheet* that you will either fill out and submit or email to the Ifa Learning Center. This course can be done by Mail correspondence or Virtual learning.

THE VIDEO LECTURE SERIES IS LOCATED IN THREE AREAS

WWW.IFAFOUNDATION.ORG/LEARNINGCENTER

WWW.VIMEO.COM/ONDEMAND/THELOSTWISDOMOFIFA

WWW.IFALEARNINGCENTER.ORG

*IF YOU REQUIRE MAILED CORRESPONDENCE MATERIALS THERE IS AN ADDITIONAL CHARGE PLUS SHIPPING

Omo Awo _____

Date: _____

PART 1 INTRO TO IFA PHILOSOPHY 101



1. What is the name of the Supreme Creative force in Ifa and what does the name mean?

2. What are 2 of the main philosophies of Ifa? (Discussed in the Part 1 video lecture)

3. Define Iwapele and discuss (what does it mean to you).

4. What current disasters in the world are a result of short term thinking and ill character?

5. In what ways can living in Iwapele help you? (Family, Relationships, Work, Health, etc. and explain)

Use additional paper if necessary. You are free to express and elaborate.