## WHAT DO THE AREAS OF MY DIVINATION MEAN?

## The TEMPORAL: "What ACTION should I carry out?"

The "temporal" refers to the whole of one's body, the entirety of one's physicality.

It encompasses all of what one does with their physical form, from how one decides to use their brain to how one uses their senses and the faculties of their body.

For example – Owonrin, temporally, might best be carried out by one using their brain to generate thoughts that are pleasant and upbeat. One might implement stretching and calm breathing. One might avoid places that incite tension. One might be mindful to use language that is positive and future-oriented.

For example – Ika, temporally, might best be carried out by one using their hands to write down an "inventory list" of the "good" they still have to offer to life and this world. One might take a skill or a talent they haven't used for a while and "repurpose" it. One might reroute the energy of reading and listening to a new source of information and experience.

## The EMOTIONAL: "What MINDSET should I use?"

The "emotional" refers to one's perspective, one's outlook as a lens via which one interprets their reality.

It is the means by which we "make meaning", project "meaning" upon, and how we "see" the world we are specifically engaging. It is the guiding view that anchors our subjectivity, how we are to "decode" the surrounding data environment.

For example – Owonrin, emotionally, might best be carried out by one not only looking on the "bright side" but being open to viewing situations as opportunities to determine/choose what's the "best practices" for the future. One might even view the circumstance faced as a chance to "break free" of ineffective approaches previously used in exchange for "better" approaches.

For example – Ika, emotionally, might be employed by viewing life's moments as chances to "re-launch", "reorganize" and/or "redo." It is viewing life as malleable, as clay that can be reshaped and refashioned in new ways. One might see life as a series of opportunities to which to adapt and move forward anew.



## **DIVINING SUBSETS**

**DESTINY:** It represents the past and present extended by free will choices that shape/impact the unformed, unrealized, non-existent future. This is FUTURE-POTENTIAL. THE ISSUE: How should I engage wisely the upcoming moments for the long-term?

THE OPPORTUNITY: To deliberately shape and align the content of one's intent for the future and to make decision accordingly now.

**HEALTH:** It represents deliberate action and awareness that removes and/or prevents "illness and disease" so that full potential may be realized. This is CAPACITY-POTENTIAL. THE ISSUE: How should I reach for efficient/effective and purposeful growth and output? THE OPPORTUNITY: To more clearly assess in what ways one may operate within one's optimal boundaries and one's best range.

SUCCESS: It represents the physical and emotional processes and activities involved in achieving a desired outcome, an intended result. This is GOAL-POTENTIAL. THE ISSUE; How should I move from where I am to where I need or intend to go?

THE OPPORTUNITY: To responsibly accept and tend to the present "as is" so that one's future intent unfolds fluidly and effortlessly.

**RELATIONSHIPS:** It represents how two or more people or things influence and/or are relevant to one another. It is how people and things are connected to each other. This is NETWORK-POTENTIAL. <u>THE ISSUE: How should I wisely and securely empower the linkages around me?</u>
<u>THE OPPORTUNITY:</u> To discover and perceive clearly the causes and effects of our choices on the circuitry of life around us.

**FAMILY:** It represents the common threads that unify diverse individuals and things into a whole. It is the appreciation of shared similarities and mutual interests. This is RESOURCE-POTENTIAL. <u>THE ISSUE: How should I dismantle barriers between myself and my contexts?</u>
THE OPPORTUNITY: To strengthen and appreciate that which brings harmony with the environment and those in it, from plants to ancestors.

**VICTORY:** It represents the physical and emotional processes and activities involved in securing and/or achieving an outcome against odds and difficulties "blocking" said outcome. This is SELF-POTENTIAL. THE ISSUE: How should I meet and overcome the opposing/difficult moment? THE OPPORTUNITY: To remain steady/balanced in the face of distracting illusions, whether these illusions propose glory or threaten grief.

